



## Allowed Item List at Intake

### Mount Vernon Legacy Lodge

#### Patients are supplied the following from ERC:

- 1 pillow
- 1 set of sheets
- 1 set of towels
- 1 bed
- 1 dresser
- Cleaning Supplies
- Laundry Soap
- 3 meals and 1 snack per day

#### Patients are encouraged to bring the following:

- Clothing/shoes for all types of weather (only 2 weeks' worth) – includes shower shoes
- Blankets, pillows
- Clear Water Bottle
- MP3 player without Wireless capabilities
- Hygiene products (first three ingredients cannot be alcohol and no products can be aerosol)
- Personal prescription medications must be current and in bottle labeled with your name.
- All over the counter medications must be in sealed bottles. This includes vitamins, Tylenol, etc.
- Pens, Paper, Journal & Binder
- Envelopes & stamps
- Batteries
- Cigarettes if a smoker (must be 21 years or older to smoke)

#### Patients are discouraged from bringing:

- Personal items with sentimental or monetary value
- Credit cards and/or checkbooks

#### Patients are not allowed to have the following

- Alcohol and Drugs (including unapproved medications of any kind and paraphernalia of any kind).
- Any products that contain any type of alcohol as one of the first three ingredients.
- Weapons of any type (including, but not limited, to firearms and knives of any size).
- Candles or incense.
- Chemical based hair products such as color, bleach, and relaxer.
- Cologne, body sprays, hand sanitizer.
- Tobacco products or accessories such as, electronic cigarettes, cigars, chewing tobacco, loose tobacco, rolling papers, lighters, matches etc.
- Any cans with contents under pressure (air fresheners, aerosol cans, hairspray, shaving cream etc.)
- Cellular Phones or any wireless capable devices including MP3s, iPods, iPads, etc.
- Vehicles of any sort